

Crystal Lake Weekly Pool Schedule

Schedule valid January 4, 2010 - March 28, 2010

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY				
Time/Place	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Time/Place	
5:00-5:30am	Aqua Pump																					5:00-5:30am	
5:30-6:00am																							5:30-6:00am
6:00-6:30am	5:15-6:15am																						6:00-6:30am
6:30-7:00am																							6:30-7:00am
7:00-7:30am																							7:00-7:30am
7:30-8:00am																							7:30-8:00am
8:00-8:30am		Aqua Pump																					8:00-8:30am
8:30-9:00am			AWE 1																				8:30-9:00am
9:00-9:30am		Aqua Pump																					9:00-9:30am
9:30-10:00am			AWE 1																				9:30-10:00am
10:00-10:30am			9:45-10:45am																				10:00-10:30am
10:30-11:00am	Aqua Fitness																						10:30-11:00am
11:00-11:30am			AWE 1																				11:00-11:30am
11:30-12:00pm																							11:30-12:00pm
12:00-12:30pm			AWE 1																				12:00-12:30pm
12:30-1:00pm																							12:30-1:00pm
1:00-1:30pm																							1:00-1:30pm
1:30-2:00pm																							1:30-2:00pm
2:00-2:30pm																							2:00-2:30pm
2:30-3:00pm																							2:30-3:00pm
3:00-3:30pm	Home School PE																						3:00-3:30pm
3:30-4:00pm	Childrens Swim Lessons																						3:30-4:00pm
4:00-4:30pm																							4:00-4:30pm
4:30-5:00pm																							4:30-5:00pm
5:00-5:30pm																							5:00-5:30pm
5:30-6:00pm	4:00pm - 6:30pm	Aqua Pump																					5:30-6:00pm
6:00-6:30pm																							6:00-6:30pm
6:30-7:00pm	Adult Lesson	Adult Swim Lessons	AWE1																				6:30-7:00pm
7:00-7:30pm																							7:00-7:30pm
7:30-8:00pm																							7:30-8:00pm
8:00-8:30pm																							8:00-8:30pm
8:30-9:00pm																							8:30-9:00pm
9:00-9:30pm																							9:00-9:30pm
9:30-10:00pm																							9:30-10:00pm

No registration needed for classes highlighted in gray

Children are present during times highlighted in yellow and orange

Private Swim Lessons can utilize up to 4 Lap Lanes when highlighted in orange

Private Swim Lessons can utilize up to 2 Lap Lanes when highlighted in yellow

The above listed ADULTS MASTERS Classes will continue as scheduled until further notice

Sesonal Family Fitness Time on Friday Nights ends MARCH 26 2009