

Huntley Weekly Pool Schedule

Schedule valid Jan 1 - June 1, 2010

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY			
Time/Place	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Leisure	Lap	Therapy	Time/Place
5:00-5:30am	AST*	AST*	AST*	AST*	Adult Masters 5:15-6:15	AST*	AST*	AST*	AST*	AST*	Adult Masters 5:15-6:15	AST*	AST*	AST*	AST*							5:00-5:30am
5:30-6:00am																						5:30-6:00am
6:00-6:30am																AST*	AST*	AST*	AST*	AST*	AST*	6:00-6:30am
6:30-7:00am																						6:30-7:00am
7:00-7:30am																						7:00-7:30am
7:30-8:00am																						7:30-8:00am
8:00-8:30am			AWE 1 8-9am																			8:00-8:30am
8:30-9:00am																						8:30-9:00am
9:00-9:30am	Aqua Pump 9-10am			Whole Water 9-10am																		9:00-9:30am
9:30-10:00am																						9:30-10:00am
10:00-10:30am	AWE 2 10-11am																					10:00-10:30am
10:30-11:00am																						10:30-11:00am
11:00-11:30am																						11:00-11:30am
11:30-12:00pm																						11:30-12:00pm
12:00-12:30pm			AWE 1 12-1pm																			12:00-12:30pm
12:30-1:00pm																						12:30-1:00pm
1:00-1:30pm	Family Fitness Time 1:00-4:00pm		Family Fitness Time 1:00-4:00pm	Family Fitness Time 1:00-4:00pm		Family Fitness Time 1:00-4:00pm																1:00-1:30pm
1:30-2:00pm																						1:30-2:00pm
2:00-2:30pm																						2:00-2:30pm
2:30-3:00pm																						2:30-3:00pm
3:00-3:30pm																						3:00-3:30pm
3:30-4:00pm																						3:30-4:00pm
4:00-4:30pm	Children's Swim Lessons 4:00-8:00pm		Children's Swim Lessons 4:00-8:00pm	Children's Swim Lessons 4:00-6:00pm	Endurance Class 5:30-6:15pm	Children's Swim Lessons 4:00-6:00pm	Children's Swim Lessons 4:00-7:00pm															4:00-4:30pm
4:30-5:00pm																						4:30-5:00pm
5:00-5:30pm																						5:00-5:30pm
5:30-6:00pm																						5:30-6:00pm
6:00-6:30pm																						6:00-6:30pm
6:30-7:00pm																						6:30-7:00pm
7:00-7:30pm	Swim Team Prep	Swim Team Prep																				7:00-7:30pm
7:30-8:00pm																						7:30-8:00pm
8:00-8:30pm																						8:00-8:30pm
8:30-9:00pm																						8:30-9:00pm
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10:00-10:30pm																						10:00-10:30pm
10:30-11:00pm																						10:30-11:00pm

PLEASE NOTE:

- 1) **AST* (ADULT SWIM TIME):** All open areas in BLUE are open swim for adults with the exception of Private Swim Lessons* WHICH MAY BE SCHEDULED AT ANY TIME.
- 2) Classes highlighted in WHITE are for adults only.
- 3) Children are present during times highlighted in YELLOW.
- 4) Family Fitness Times are highlighted in BRIGHT YELLOW.
- 5) Master Swim - Instructor provided, all swim levels and workout levels welcome.
- 6) During the Holidays there may be additional programming in the Pools
- 7) Endurance Class on Tuesdays and Thursdays 5pm-5:45pm will start Jan. 5th
- 8) ***MS Classes will begin in the Spring

POOL RULES:

Leisure Pool:

Children under the age of 14 must be accompanied by a parent at all times.

Therapy Pool:

Children under the age of 14 must be accompanied by a parent at all times. Sitting in the whirlpool and therapeutic usage are permitted with adult supervision. No running, jumping, or splashing is permitted at any time.

Only REGISTERED class participants during class times in white and yellow permitted.

the classes will begin in the spring

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