

New hours effective
May 1, 2010!



family fitness time


Huntley

| | | |
|-----------|--------------------------------|---|
| MONDAY | 1:00 - 4:00pm 7:00 - 8:30pm | Indoor Pool Gymnasium |
| TUESDAY | 1:00 - 4:00pm | Indoor Pool |
| WEDNESDAY | 7:00 - 9:00pm | Indoor Pool |
| THURSDAY | 1:00 - 4:00pm | Indoor Pool |
| FRIDAY | 6:00 - 9:00pm 8:00 - 9:00pm | Gymnasium, Indoor Pool Structured Activities |
| SATURDAY | 2:00 - 7:00pm 2:00 - 4:00pm | Gymnasium, Indoor Pool Structured Activities |
| SUNDAY | 2:00 - 7:00pm 2:00 - 4:00pm | Gymnasium, Indoor Pool Structured Activities |

Crystal Lake:

| | | |
|----------------------|---------------|--|
| SATURDAY & SUNDAY | 2:00 - 5:00pm | Gymnasium, Indoor Pool, Racquetball & Track |
|----------------------|---------------|--|

Please see reverse for Family Fitness Time rules.

 **Centegra**
Health Bridge
Fitness Center
WELL BEYOND EXPECTATIONSM