

### HUNTLEY GROUP FITNESS INSTRUCTOR SCHEDULE May 12-18

Saturday 5/12			Monday 5/14			Tuesday 5/15			Wednesday 5/16			Thursday 5/17			Friday 5/18		
Group Studio	Cycle Studio	Mind Body	Group Studio	Cycle Studio	Mind Body	Group Studio	Cycle Studio	Mind Body	Group Studio	Cycle Studio	Mind Body	Group Studio	Cycle Studio	Mind Body	Group Studio	Cycle Studio	Mind Body
AMIE TBC 7:30 - 8:30	JIM Power Cycling 7:30 - 8:30		JENNY S BODYPUMP 5:15 - 6:20			KATHY BODYSTEP 5:15 - 6:15		DAR L BODYFLOW 5:15 - 6:15	NITA BODYPUMP EXP CX WORX 5:05 - 6:20	LISA Power Cycling 5:15 - 6:15		KATHY BODYCOMBAT 5:15 - 6:15		ANNE MARIE BODYFLOW 5:15 - 6:15	NITA BODYPUMP EXP/ CX WORX 5:05 - 6:20	JIM Power Cycle 5:15 - 6:15	JAYSON Stretch Yoga 6:00-7:00
KATHY BODYSTEP 8:45 - 9:45	AMIE Power Cycling 9:00-10:00		ANGIE TBC 8:15 - 9:00						CARRIE CX WORX 8:30-9:00						KATHY BODYPUMP 8:15 - 9:20		
CATHY BODYJAM 10:00 - 11:00		THERESE BODYFLOW 10:00 - 11:00	KIERSTEN BODYSTEP 9:15 - 10:15	ANGIE Power Cycle 9:15 - 10:15	KRIS Yoga 9:15 - 10:15	LORRIE BODYPUMP 9:15 - 10:20	STEPH V RPM EXT 9:15 - 10:15	KRIS Yoga 9:15 - 10:15	ANGIE Cardio Circuit Challenge 9:15 - 10:15	JENNY S Power Cycling 9:15 - 10:15	JUDY Yoga Flow 9:15 - 10:15	KIERSTEN BODYPUMP 9:15 - 10:20		DONNA V Yoga 9:15 - 10:15	DEMETRA BODYCOMBAT 9:25 - 10:25	KIERSTEN Power Cycling 9:15 - 10:15	CARRIE SH'BAM 9:30-10:15
NITA BODYPUMP 11:15 - 12:30					JENNY BODYFLOW 10:30 - 11:30	LISA BODYCOMBAT 10:30 - 11:30		JUDY Chair Yoga 10:30 - 11:30	ANGIE TBC 10:15 - 11:00			CARRIE SH'BAM 10:30 - 11:15		JENNY BODYFLOW 10:30 - 11:30			CARRIE BODYFLOW 10:30 - 11:30
	Leisure Pool		LISA Seniors in Motion 11:45 - 12:45			LISA CX WORX 11:30 - 12:00		GINA Stretch Yoga 12:30-1:30	ANGIE Seniors in Motion 11:00 - 12:00			CARRIE CX WORX 11:15 - 11:45		JUDY Chair Yoga 11:45 - 12:45	COLLEEN Seniors in Motion 11:45 - 12:45		
	KRISTI L Whole Water Works 7:30 - 8:30		LISA TBC 1:00 - 2:00						TIFFANY ZUMBA 1:00 - 2:00								
Sunday 5/13																	
Group Studio	Cycle Studio	Mind Body	DARIA BODYCOMBAT 4:30 - 5:30						KIERSTEN Power Cycling 4:00-4:45			KIERSTEN BODYSTEP 4:30 - 5:30			STEPH V ZUMBA 4:00 - 4:45	CARRIE B Power Cycling 4:00-4:45	
KIERSTEN BODYSTEP 8:00 - 9:00	JIM Power Cycling 8:00-9:00	JAYSON Yoga 8:15 - 9:15															
KIERSTEN BODYPUMP 9:15 - 10:20			KATHY CX WORX 5:30 - 6:00		LORRIE BODYFLOW 5:00 - 6:00	KIERSTEN BODYPUMP 5:00 - 6:05			HEATHER B BODYCOMBAT 5:45-6:45		DAR L BODYFLOW 5:00 - 6:00	STEPH V BODYPUMP 5:00 - 6:05					
DEMETRA, DARIA BODYCOMBAT 10:30 - 11:30		CARRIE BODYFLOW 10:30 - 11:30	NITA SH'BAM 6:00 - 6:45	SUE B Power Cycling 6:00-7:00	DONNA V Yoga 6:00 - 7:00	LORRIE CX WORX 6:15 - 6:45	AMIE Power Cycling 6:15 - 7:15	PATTY BODYFLOW 6:15 - 7:15			DONNA V Yoga 6:15 - 7:15	HEATHER B BODYCOMBAT 6:15-7:15	JULIE Power Cycling 6:15 - 7:15	CATHY BODYFLOW 6:15 - 7:15			
			NITA BODYPUMP 7:00 - 8:05						THERESE BODYPUMP 7:00-8:05								
									THERESE SH'BAM 8:15 - 9:00								
			Leisure Pool	Leisure Pool		Leisure Pool	Leisure Pool		Leisure Pool	Leisure Pool		Leisure Pool	Leisure Pool		Leisure Pool		
			PAM Aqua Sprint 8:00 - 9:00AM	PAM Aqua Sprint 9:00 - 10:00AM		LISA B Whole Water Works 9:00-10:00AM	LISA B Whole Water Works 6:00-7:00PM		CHRIS Neptunes (Men Only) 8:00 - 9:00AM	CHRIS Hydro Dynamics 9:00-10:00AM		ANNE Aqua Pump 9:00-10:00AM	KRISTI L Aqua Pump 6:00-7:00PM		LISA B Aqua Sprint 8:00 - 9:00AM		