

USE REQUIREMENTS:

Use of Center facilities is available only to Members in good standing and their children and guests. A Member in good standing is one who has no outstanding membership dues or Center charges over thirty (30) days old, or has no reports of misconduct in his/her personal file.

All Members, children of Members, guests and other individuals utilizing CHBFC facilities, equipment, activities and provided transportation must utilize good judgment, display safe behavior, be respectful and courteous to fellow Members, Guests and CHBFC Associates.

Rules posted at CHBFC facilities and described herein must be followed and are presumed known by all Members, children of Members, guests and other individuals utilizing CHBFC facilities, equipment, activities and provided transportation. The failure of any person to follow these Rules may result in expulsion from a facility or activity and/or cancellation of a membership without refund of fees and dues paid.

SUSPENSION/TERMINATION:

The Center may terminate any membership by mailing notice in writing to the last address shown on the records of the Center for the Member being terminated. The terminated Member will be required to return promptly any Center property currently in their possession. A terminated Member will remain liable for all dues and other indebtedness incurred until their membership anniversary date.

MEMBERSHIP CARD:

Each Member is issued a membership card. Members must swipe their membership card at the Front Desk and be cleared by Front Desk personnel to gain access to CHBFC. Members who lose their card are required to replace the card for a \$5.00 fee before use of the facility again.

GUEST POLICIES:

Guests are required to show a valid photo ID to check in. Guests under 18 years of age are required to have a Guest Waiver signed by a Parent or Guardian. Minor guests under 14 years of age must remain under supervision of their Parent/Guardian at all times. Un-registered guests of CHBFC will be asked to leave the premises. Expelled or suspended Members may not come as guests of another Member. A guest may not use CHBFC more than six times per calendar year.

Centegra Health Bridge Fitness Center - Crystal Lake
200 Congress Parkway
Crystal Lake, IL 60014

Centegra Health Bridge Fitness Center - Huntley
10450 Algonquin Road
Huntley, IL 60142

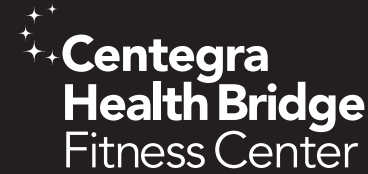
(815) 444-2900
healthbridgefitness.com


**Centegra
Health Bridge
Fitness Center**
WELL BEYOND EXPECTATIONSM

We commit to serving with genuine respect, passionate caring and a joyful spirit.

C9620105

Membership Rules & Policies


**Centegra
Health Bridge
Fitness Center**

WELL BEYOND EXPECTATIONSM

Facility Hours

HUNTLEY

Monday - Friday: 5:00am - 11:00pm
Saturday: 6:00am - 10:00pm
Sunday: 6:00am - 9:00pm

CRYSTAL LAKE

Monday - Friday: 5:00am - 10:00pm
Saturday & Sunday: 6:00am - 7:00pm

CHILDCARE HOURS (both facilities)

Monday - Friday: 8:00am - 8:00pm
Saturday & Sunday: 8:00am - 2:00pm

Please remember to allow sufficient time to complete workouts, showers, and childcare pick-up by closing times.

Facility hours may change due to holidays and inclement weather. CHBFC reserves the right to amend facility hours at any time.

Questions? Contact us:

Membership (815) 444-2900
memberservices@healthbridgefitness.com



FACILITY RULES:

For your safety and enjoyment, please follow the following rules, and all additional rules and instructions posted at CHBFC.

FAMILY FITNESS TIME:

A privilege for our Members allowing them to bring their children (0-17 years of age, living in the same household) to CHBFC at designated times in select areas. See Concierge for details.

DRESS CODE:

Shoes and shirts must be worn in all common areas. Members wearing bathing suits must have proper "cover ups" outside the pool area. Clothing exhibiting offensive language or illustrations is prohibited.

DAMAGES:

Members are responsible for any damage to Center property and/or property of other members and their guests caused by themselves or their guests, except due to ordinary wear or usage.

SANITARY REQUIREMENTS:

In an effort to provide you the highest standards of sanitation, CHBFC prohibits street shoes to be worn in our Gymnasium, Fitness Floor, Tennis Courts, Racquetball Courts or Group Fitness Studios.

Members are asked to wear clothing or cover up accordingly when sitting on furniture/benches in all Locker Rooms.

COMMON AREAS/HALLWAYS:

Please be respectful to other Members and Guests by keeping these areas quiet zones. Bouncing of balls is prohibited until you reach the Basketball Courts.

PHOTOGRAPHY POLICY:

For the privacy and respect of our Members and Guests, photography at CHBFC is prohibited, but may be allowed with prior Management approval.

TOBACCO & ALCOHOL POLICY:

Tobacco and Alcohol use or consumption is prohibited at CHBFC.

NO SOLICITING:

Solicitation is prohibited at CHBFC and may result in the suspension/termination of membership.

LOCKER ROOM POLICIES

FAMILY LOCKER ROOMS are for Members and Guests with small children. Diaper changing is allowed in the diaper changing station located in the Family Locker Room bathrooms only. Modesty by adults and children is expected at all times in our Family Locker Room common areas. Due to fire code restrictions, strollers are prohibited.

ASSISTED LOCKER ROOMS are only for Members and Guests who require special needs due to physical limitations.

GENDER LOCKER ROOMS are for Members and Guests of the same gender. In Crystal Lake, we request Members with small children to use our Family Locker Room. In Huntley, children of same sex are permitted in the Gender Locker Rooms. Personal grooming is encouraged in private areas of our locker room. Lockers may not remain locked overnight. Contents left overnight in lockers will be brought to Lost and Found.

TOWELS: Members are requested to take one towel per visit. Towels are the sole property of CHBFC.

CHILD CARE: Members are allowed to use Child Care up to 3 hours per visit. A parent or guardian must remain in the facility at all times. Members and children are required to have current photographs on file. Child Care access is restricted to Members and Guests with children for drop off or pick up. Members and guests are required to follow all Child Care rules.

LOST AND FOUND:

CHBFC is not responsible for lost, damaged or stolen property. Please do not leave valuables unattended. Members will be required to identify lost items in person. All items unclaimed after 30 days will be donated to local charities.

EMERGENCY PROCEDURES:

In the event of a fire alarm or weather warning, please be prepared to take direction from staff for your safety.

PHYSICAL ACTIVITY AREAS:

For your safety, and the safety of others, please obey the following rules in these designated areas of the facility.

FITNESS FLOOR:

Please see the posted Fitness Floor etiquette, rules and policies signage in the facility. Personal Training by non-CHBFC trainers in the facility is strictly prohibited.

GROUP FITNESS & MIND/BODY CLASSES:

Due to safe capacity limits of select Group Fitness classes, Members will be required to obtain a number at the Service/Control Desk to attend. Please refrain from entering Yoga classes after start time. Scheduled class space is reserved for participants only.

GYMNASIUM:

Please refer to our Gym schedules and rules posted outside of the Gymnasiums.

TENNIS COURTS:

Tennis Courts may be reserved at the Tennis Service Desk or Control Desk. Members and Guests are required to check in at the Control Desk before entering the Tennis facility. **All court fees must be paid before entering the court.** Please see posted Tennis Court etiquette, rules and policies.

SWIMMING POOLS:

Access to the Indoor Pools is available through the Locker Rooms. Due to fire code safety and sanitary requirements, strollers and street shoes are prohibited on the Indoor Pool decks. All children under age 14 must be accompanied by an Adult aged 18+. Please refer to our Pool policies posted in all pool areas.

SAUNA, STEAM & WHIRLPOOL FACILITIES:

For your own safety, please follow posted guidelines at respective areas. Members and guests use these amenities at their own risk. Members are asked to wear clothing or cover up accordingly when sitting on benches. Children under age 16 may not use these amenities without adult supervision.

REFUND POLICIES:

FOR ALL PAID PROGRAMS:

After class/program start date, refunds will only be considered for medical reasons when submitted with a physician note. Refund will then be pro-rated according to date all paperwork is received.

There are no make ups or credits for missed classes.

FOR SWIM LESSONS:

Cancellations must be made (1) week prior to the start of lessons, or a 25% cancellation fee will apply.

Class transfers requested by the participant during the week prior to the start of the lesson or during the lesson session will incur a \$10 transfer fee (per participant).

Make-up lessons and/or credits will not be available should a lesson be missed for any reason.

MASTER WAIVER:

FOR ALL PAID PROGRAMS:

Paperless registration is available with our convenient Master Waiver. Please see Concierge for details.

CHBFC reserves the right to change and amend these and all other posted rules and policies at any time.