

Opportunities for All

Our mission is to provide athletes of all abilities the opportunity to achieve their goals. Join our club today!



We provide facility benefits, scheduled runs, marathon training, initial goal setting, racing team opportunities and social events. See below for more details!

On Your Mark ... Go!

Get ready and get set for these great benefits when you become a member of the RoadRunners Running Club!

- Access to Centegra Health Bridge Fitness Center showers, steam rooms, spa facilities and outdoor pools
- 10% loyalty discount at The Running Depot (therunningdepot.com, [815] 788-9755)
- Discounts on RoadRunners running apparel
- Initial goal setting and fitness assessments
- Coached track workouts
- Ability-appropriate training programs
- Coached marathon, half marathon, 5K and 10K training programs
- CARA racing team
- Race results/records
- Social events, such as our "End of Season Anti-Pasta Party"



Centegra Health Fitness Center - Crystal Lake
200 E. Congress Parkway
Crystal Lake, IL 60014-6268

Centegra Health Fitness Center - Huntley
10450 Algonquin Road
Huntley, IL 60142

(815) 444-2900

healthbridgefitness.com
HBRoadRunners.com



RoadRunners Running Club

Centegra Health Bridge Fitness Center
WELL BEYOND EXPECTATION™

Proud supporters of:



Centegra Health Bridge Fitness Center
WELL BEYOND EXPECTATION™

We commit to serving with genuine respect, passionate caring and a joyful spirit.



Who are the RoadRunners?

Formed in 1999, the Centegra Health Bridge Fitness Center RoadRunners Running Club is open to runners of all paces and mileages. We provide ability-appropriate training programs, certified coaching, group runs, and opportunities to race as a team.

Facility Benefits

The RoadRunners dues provide access to Centegra Health Bridge Fitness Center showers, steam rooms, spa facilities, and outdoor pool facilities after track workouts (on the Saturday and Sunday runs only).

RoadRunners Racing Team

You don't have to be an overall winner to contribute to the team scoring. The CARA points are age group-specific. The RoadRunners racing team gives runners the opportunity to race and train with one of the top teams in the Chicagoland area, having won their division 3 years in a row!



Marathon Training

Whether you're a 6-hour marathoner or a 2:30 marathoner, the RoadRunners have helped hundreds of local runners reach their goals.

We provide water-aided runs led by pace leaders on Saturdays or Sundays beginning at 7:00am (June through September) with post-run refreshments and access to Centegra Health Bridge Fitness Center's outdoor pool facilities for soaking.

Scheduled Runs

We welcome all runners at any pace and mileage. Our certified coaches provide guidance during our track workouts (Thursdays, 6:00pm, May through September) and at the Saturday and Sunday morning group runs.

RoadRunners Registration Form (please print):

Name: _____
Address: _____
City: _____
State: _____ Zip Code: _____
Phone: _____
E-mail: _____

(Please provide your e-mail; it's the main contact method for all our events!)

MALE FEMALE Birth date: _____

Dues: CHBFC Members: \$50 per year (single)
\$75 per year (couple)
\$125 per year (3+ same family)

Non-Member: \$75 per year (single)
\$125 per year (couple)
\$175 per year (3+ same family)

Jr. RoadRunner \$30 per year (CHBFC Member)
\$40 per year (Non-Member)

Return registration and payment to the Centegra Health Bridge Fitness Center's Concierge Desk at either the Crystal Lake or Huntley location. Please make checks payable to "Centegra Health Bridge Fitness Center."

Signature: _____

WAIVER OF CLAIMS

The undersigned participant acknowledges that the use of Centegra Health Bridge Fitness Center (CHBFC) facilities and participation in CHBFC-sponsored activities or events shall be undertaken by a member or guest at his/her own risk. In addition, the undersigned agrees to release Centegra Health System, its subsidiaries, agents, servants, and employees from any and all claims, damages and causes of action that the undersigned might hereafter have on account of injuries sustained as a result of an accident occurring at CHBFC or during RoadRunners activities. I agree to allow the use of my photo and race results for RoadRunners Running Club purposes.

Signature: _____

Date: _____

Parent/Guardian signature (if athlete under 18 years):

Date: _____